





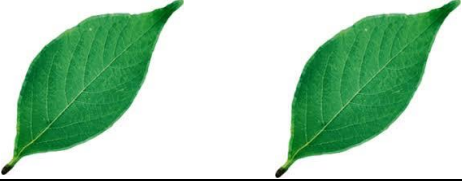



### Lockdown look and find – week 1

Name: \_\_\_\_\_

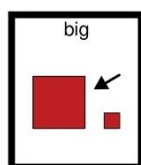
Total points: \_\_\_\_\_

Whilst out exercising, see how many of the following items you can find – 1 point for each. You can either collect the items or take photos using a mobile phone.

Compete with family members for the special item (5 points for the winner) or why not share your photos to our Facebook page [Active Inclusive Wigan](#)

<p>2 sticks / twigs</p> 	<p>4 blades of grass</p> 
<p>1 pebble / stone</p> 	<p>1 pine cone</p> 
<p>2 green leaves</p> 	<p>1 white flower / petal</p> 
<p>1 red leaf</p> 	<p>1 feather</p> 

**Special item – find the biggest leaf you can**



**Total points:** \_\_\_\_\_